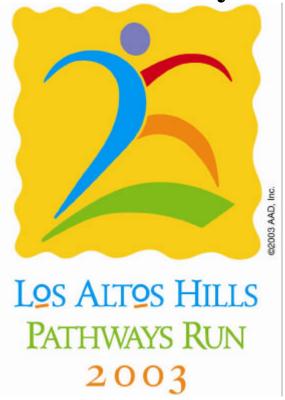
Los Altos Hills Pathways Run/Walk



2nd Annual 5K Pathways Run/Walk & 1 Mile Kids Fun Run Saturday May 10, 2003

5K at 9 AM, Kids Run at 10:30 AM – Westwind Barn 27210 Altamont Rd LAH Cost: \$20 for 5 K Run/Walk \$10 for Kids Fun Run Colorful T-Shirts for all 5K and Fun run entrants

Race Day Registration \$24 5K Run/\$14 Kids Run

Both the 5 K and 1 mile fun run will be somewhat hilly and scenic trail courses in Los Altos Hills. All proceeds from this event will benefit LAH Recreations Programs.

Mail in Registration forms available at Los Altos Hills town website: http://www.losaltoshills.ca.gov/ OnLine Registration at www.active.com/event_detail.cfm?event_id=1043334

Last Name	First	Name:	Phone:	M/F	Age:
Address, City, State, 2	Zip:				
un: (Circle one) (5 K Run/Walk - \$20) (1 Mile Fun Run - \$10)					
Γ-shirt Size (Circle or	ne): Kids SM M I	Adult: S M I XI	XXI		

Please send completed forms and checks may out to Los Altos Hills Recreation Programs LAH Rec Programs 26379 Fremont Rd, LAH, CA 94022

Release and assumption of Risk In consideration of the acceptance of my participation in the Town of Los Altos Hills 5K Run/Walk/Fun Run, I hereby waive release and discharge any and all claims for damages, death, personal injury or property damage which I (or my minor child, if applicable) may have, or which may hereafter accrue to me (or my minor child) as a result of my (or my minor child's) participation in this event. This release is intended to discharge in advance the Town Of Los Altos Hills, and its officials, agents, volunteers and employees from and against any and all liabilities arising out of or connected in anyway with my participation (or minor child's participation) in this event, even though that liability may arise from their negligence in organizing, planning and implementing this event.

I further understand that accidents can occur during the Town Of Los Altos Hills 5K run/walk and participants in such events can sustain personal injuries and/or property damage as a consequence. Knowing the risks, nevertheless, I hereby agree to assume those risks and to release and discharge all of the persons or agencies mentioned above who (through negligence or carelessness) might otherwise be liable to me (or minor child or my heirs or assigns) for losses, injuries, damages or liabilities.

It is future understood and agreed th	nat this waiver, release and	assumption of risk	is binding on my	heirs, executors.	, administrators a	and assigns	(and or
my minor child, if applicable).							
Signed:		Date:					

If participant is under 18 years of age, please have parent or legal guardian read and sign above.